



HONOUR, KNOWLEDGE, COMMUNITY

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Kensington Catch Up

18 March 2020

Principal's Report

Welcome to Week Eight at Kensington Public School

I thank everyone for their understanding and patience during this time of uncertainty. I have included a copy of the COVID-19 Schoolzine SZapp message that was sent out on Monday that has hopefully clarified some questions.

As mentioned many times, please ensure you refer to the most updated information from the NSW Department of Education and NSW Health, as well as information sent out from Kensington PS.

This week you will receive an information sheet called "Continuity of Learning: Support for Parents and Carers". It will provide you with detailed information pertaining to your child and their learning in the event of extended disruption to normal school operations. Please keep this document safe and we recommend you prepare a dedicated learning space at home in the event that this may occur.

I also ask you to register for specific groups in Schoolzine SZapp. Please open your Schoolzine SZapp. Open 'Manage' and choose the groups you would like to receive notifications from. I.e. if your child is in Year Three, tick the 'Year Three' group and if they are in Choir tick 'Choir' and so on. This way you will not be inundated with messages that do not pertain to you. Remember to also include the group 'ALL'.

As communicated via Schoolzine, Student/ Parent/ Teacher conferences have been postponed. Please contact the school and the teacher will get back to you if you have urgent questions that you need addressed. We will reschedule the interviews at a later date.

Ms Louise Stone
Principal



How amazing! A drone has taken these photos of our solar panels.

P&C AGM and School Council AGM 2020 - POSTPONED UNTIL FURTHER NOTICE

Our School Council and P&C Committees are due for re-election and we are seeking nominations. This upcoming meeting has been postponed and we hope to hold these at our first meeting next term.

We are still looking for nominations! Please see below registration forms for positions and links for position descriptions. If you are looking for more information, please use the following link to the P&C Federation Website to find out more information.

<https://www.pandc.org.au/>

Please see the nomination forms below. Completed nomination forms should be returned to the school office at your earliest convenience.

Term One Payment Invoices

Please click on your child's grade below to access your Term One payment invoice and payment options. Please note payments were due last Friday, February 28.

Student Wellbeing



Friday, March 20 is the National Day of Action Against Bullying

At Kensington Public School we aim to create a safe and supportive school community for everyone.

You are an important part of our work to prevent bullying and to respond effectively if it happens. Stopping bullying involves everyone.

Parents know their children best and know the best way to tailor communication to their needs. Adapt these tips to what works for you and your child.

If your child talks to you about bullying:

1. **Listen** calmly and get the full story. Your calm response is important to allow your child to tell you all about the situation. After they've told you their story, ask questions to get more details if you need: who, what, where, when. Although you may feel some strong emotions about your child's experience, try to keep calm to avoid more distress to your child.
2. **Reassure** your child they are not to blame. Many children blame themselves and this may make them feel even worse. You could say things like, 'That sounds really hard to deal with. No one should have to put up with that.' or 'I'm so glad you told me. You should be able to feel safe at school; that's not fair at all'.
3. **Ask** your child what they want to do and what they want you to do. A critical part of your response is to avoid jumping in to solve the problem. While it is natural to want to protect your child, helping them to find their own solution is a better option. It helps them feel they have some power in the situation.
4. **Visit** www.bullyingnoway.gov.au to find some strategies. The website has tips and ideas for different bullying situations. One idea is to practise strategies at home to help your child feel more confident.
5. **Contact** the school. Your child may be reluctant for you to do this, so discuss the idea and reassure them that the school would want to know and is able to help. Make an appointment to meet with your child's teacher and, if you need to, ask to talk with the principal. Contact the school immediately if you have a concern about your child's safety.
6. **Check in regularly** with your child. Keep the conversation going. It can take time to resolve issues,

so check in regularly with your child about their experiences and their feelings. Your ongoing support is important.

If you are looking for support for yourself to deal with a bullying situation, you will find ideas on the Bullying. No Way! website for parents and in our Student Wellbeing Handbook. As well, please feel free to contact the school if you would like to discuss any aspect of our approach to preventing bullying.

Thanks for your support to make our school a great school for everyone.

<http://www.bullyingnoway.gov.au/>

Talking to Children About Coronavirus

Given the uncertainty and unease gripping our community, we need to be mindful that children look to us adults for guidance on how to respond. If we seem overly stressed and worried, our children's anxiety may increase. Please reassure your children that teachers, the school, doctors and the government are all working hard to make sure that they and our country stays safe and healthy.

However, children also need factual age appropriate information and tangible instructions on how to stay healthy and avoid the spread of the virus. Teaching children positive preventative measures, talking to them about their fears and giving them a sense of control over their risk of infection can help reduce anxiety. These suggestions may be helpful in supporting your children during this time:

- Create an open and supportive environment where your child knows that they can ask questions. However, don't force the conversation until they are ready. Children respond differently and some may want to talk more and others may need time to internalise and process what they have heard before they feel comfortable discussing it.
- Answer questions honestly using age appropriate words and concepts. There are some links at the bottom of this note that may be helpful.
- Help children find accurate and up to date information such as on www.health.nsw.gov.au or <https://www.who.int/emergencies/diseases/novel-coronavirus-2019>
- Be prepared to repeat information and explanations several times, children may do this as a way to ask for reassurance. Some information may be hard to accept or understand. Asking the same question over and over may also be a way for a child to ask for reassurance.
- Acknowledge and validate you child's thoughts, feelings, and reactions.
- Focus on what they can do to stay safe (washing hands, using a tissue when they sneeze, giving a fist or elbow bump instead of shaking hands), this gives them some control in uncertainty.
- Continue with a routine as much as possible, routines create calm for most children, as they know what to

expect and what comes next in their day, for example, regular meals times and bed times.

- It is important in situations that seem overwhelming and out of their control, that children can see that others in the community are helping. When things get scary and when bad things happen, highlight the helpers and people in the community that are there to support and assist. For example, you could notice the doctors, nurses and scientists or the teachers at school.
- Don't let children watch too much television with alarmist news and frightening images.
- Those who have experienced serious illness or losses in the past are particularly vulnerable and may need additional support.
- Although us adults may follow the news and the daily updates, most children just want to be children. Give them opportunities to play sport, run outside, dance, listen to music, draw, do craft, ride their bike and play with their friends.

If students are feeling uneasy at school, please reassure them that teachers are available for them to talk to. Our school counsellor Tomas Mendiola is at KPS on a Tuesday and is happy to have a catch up with students if needed.

If you would like Tomas to see your child, please send an email giving consent and he will do his best to support them on that day. All emails can be forwarded to: kensington-p.school@det.nsw.edu.au and addressed to the School Counsellor: Tomas Mendiola.

Below are some additional resources and links that may be helpful.

<https://theconversation.com/how-to-talk-to-your-kids-about-covid-19-133576>

<https://www.pbs.org/parents/thrive/how-to-talk-to-your-kids-about-coronavirus>

https://store.samhsa.gov/system/files/pep20-01-01-006_508_0.pdf


Are You Concerned about Your Child's Anxiety?

The BRAVE Program is an interactive, online program for the prevention and treatment of childhood and adolescent anxiety. The programs are free, and provide ways for children and teenagers to better cope with their worries. There are also programs for parents.

You can access the program via the following link below:

<https://brave4you.psy.uq.edu.au/>

Focus of the Fortnight



KPS FOCUS OF THE FORTNIGHT
We show Honour, Knowledge and Community by making positive choices. Each fortnight we focus on a different expectation.

TERM ONE	
Weeks 1, 2 and 3	In all settings, we wear correct uniform
Weeks 4 and 5	On the playground, we wear a hat or sit in the shade
Weeks 6 and 7	In all settings, we stay in the right place at the right time
Weeks 8 and 9	On the playground, we solve problems together or with a teacher
Weeks 10 and 11	In all settings, we follow teacher instructions

P&C

2020 P&C Calendar

Term 1

24-Mar P&C Mufti Day

Term 2

TBC Social Evening Gin and Wine

8-May Mother's Day (parents to provide bakes and sweets)

23-Jun P&C Mufti Day

Term 3

22-Aug Bunnings Sausage Sizzle

4-Sep Father's Day (parents to provide bakes and sweets)

15-Sep P&C Mufti Day

Term 4

26-Oct International Teachers Day

30-Oct Halloween Disco

1-Dec P&C Mufti Day

2020 Sponsorship - Please support our sponsors.

Major Sponsor

East Village

RayWhite PALOMA FRIENDS LENOVO



Class parents

In 2020, the school is supporting the P&C to become more effective in how we communicate with parents.

At the P&C Meeting last Tuesday, the P&C voted to close the P&C Facebook page. We have found that WhatsApp is proving more effective in communicating class specific items as well as being a great tool for the P&C to request assistance with various events throughout the year. As a result, we will close the P&C Facebook account and encourage parents join a class-based WhatsApp account managed by the Class Parent Rep in each class. Many parents have registered for WhatsApp at the parent evening. The P&C is currently establishing the groups and will send out the WhatsApp link shortly to class parents. Please encourage as many parents as possible to join. Please see earlier in the newsletter for protocols.

SQUARE – Making life easier

The Kensington P&C has gone green and transitioned to an easier (and more cost effective) method of payment collection. SQUARE was launched in the Uniform shop last week.

About the new SQUARE POS system

- Cash or card payments accepted
- Card payments will no longer incur an additional \$1 fee
- Visa, MasterCard, Amex, ApplePay and GooglePay can all be used
- Receipts will be forwarded to either your email or mobile phone
- Paper receipts no longer available
- Fully integrated with real-time reporting and an online inventory management and reporting system
- Easy to set-up and use for events
- Square will enable us to also set up an online store for the uniform shop – so watch this space
- Payments/donations for events can be made online using SQUARE

PSSA Training

All cancelled until further notice.

PSSA Results

PSSA							
Touch Football	Friday	Boys	Senior	Kensington	0	Coogee	5
			Junior	Kensington	0	Coogee	3
		Girls	Senior	Kensington	0	Coogee	4
			Junior	Kensington	2	Coogee	2
Basketball	Friday		Snr Boys	Kensington	8	Bronte	24
			Snr Girls	Kensington	0	Bronte	30
			Mixed Jnr	Kensington	26	Bronte	0
Cricket	Friday	Boys	Senior	Kensington	10	Bellevue Hill	90
			Junior		21	Bellevue Hill	61
		Girls	Senior	Kensington	114	Randwick B	119
			Junior	Kensington	98	Randwick B	87

K-2 Assembly Roster Term 1

All assemblies have been cancelled until further notice.

SunSmart

School Banking

School Banking has been cancelled until further notice.

ALTRAC Light Rail Notification

ALTRAC Light Rail will be undertaking track and rail maintenance (rail grinding) along the alignment in Kensington and Kingsford.

Attached is a notification with updated details.

School Holiday Activities at KPS

Please contact them directly

Code Camp at KPS from 20 – 22 April. Please see attached flyer for further information.

Expression of Interest

The following groups have showed an interest in providing extra curricula programs at Kensington. Please show your expression of interest by contacting them directly.

Become a Coder, Game Developer, Engineer and Designer with Code Create

Junior Engineers After School Coding & Robotics

Spanish Classes at Kensington Public School

Current Extra Curricula Programs- Call them directly for information

Jazz Contemporary on Mondays at recess, 11am – 11.30am, commencing in Week 2

Hip Hop on Tuesdays at lunchtime, 1.10pm – 1.45pm, commencing in Week 3

KPSOOSH



kps oosh care
kensington public school
out of school hours care

Kensington Public School OOSH Care Incorporated

Centre Number: 0425 291 281

Email: admin@kps0osh.com.au

Autumn Vacation Care ***IMPORTANT UPDATE***

Kensington Public School OOSH care Incorporated has completed a risk assessment for the upcoming vacation care holidays. Due to the growing Coronavirus threat. **Kensington Public School OOSH care has decided to cancel excursions that have been booked on the following dates 15th, 17th, 21st, 22nd of April.** We have also received news for the incursion on the **23rd of April** (under construction by Built By Kids) That the due to the current Coronavirus threat, and with the primary facilitator for Built by Kids being immunocompromised, they have decided to cancel all their bookings for the upcoming April vacation care period.

We are so sorry to cause such an inconvenience, but as I'm sure you can appreciate, this is out of our hands and we strongly believe for this moment in time we are making the best decision for our families, children and educators to keep us all safe. In place of this cancellation, please believe Kensington Public School OOSH care will still provide a high-quality in house vacation care program for our families. **We will send out the updated program (all based at PKS) as soon as we can.** If you have booked in the above dates and want to make changes then you will need to log in to the family lounge APP. Select the date and press cancel session.

Please be aware we will continue to carry our risk assessments if needed and follow the NSW government health department advice.

Donations

The kids love drawing so I would ask families if they could please Donation any scrap paper to donate to reduce the use of fresh white paper. That would be very much appreciated.

New WH&S educator

Congratulation!! To Kristen Venianakis who has accepted a permanent part time role at KPSOOSH as a WH&S educator. Kristen will play a role to ensure our WH&S standards are always met. I believe this role will greatly our centre and Kristen in her future career outside of OOSH.

New Educators joining the KPS OOSH family

I would also like to take the chance to welcome Nayonika Kelsey to the KPSOOSH family. Nayonkia is our new permanent part-time educational Leader. Who will take the role of working with and supporting our educators to ensure we continue to provide a high-end educational play program for our children and follow the National quality framework. Congratulations Nayonika we look forward to having you on board and seeing what you can bring to KPSOOSH.

Kelsey is also joining the causal team. We know you're going to be a valuable asset to KPSOOSH and can't wait to see what you accomplish.

Part time Jobs at KPSOOSH

Exciting opportunity at KPSOOSH!! We are seeking a number of permanent part-time educators to fill before and/or after school care and/or vacation care positions at KPSOOSH.

To be successful in this position you will be passionate and love working with children. You will need to be motivated, enthusiastic, energetic and dedicated to providing children with the best possible childhood experiences. You will have a cooperative approach to working with staff and families. If you know of anyone interested, please get them to email a cover letter and resume to director@kpssoosh.com.au